

Garden Café - April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 Shredded Chicken with Sweet BBQ Glaze <ul style="list-style-type: none"> ☞ Refried Beans ☞ Flour Tortillas ☞ Mixed Greens with Romaine ☞ Oranges 	4 Shepherd's Pie <ul style="list-style-type: none"> ☞ Broccoli ☞ Mixed Vegetables ☞ Wheat Bread ☞ Carrot Salad ☞ Strawberry Pudding 	5 Pork Roast in Applesauce Gravy <ul style="list-style-type: none"> ☞ Scalloped Potatoes ☞ Peas and Pearl Onions ☞ Pineapple ☞ Cookies 	6 Salisbury Steak <ul style="list-style-type: none"> ☞ Mushroom Gravy ☞ Whipped Potatoes ☞ Zucchini with Tomato ☞ Apricot Pudding 	7 Beef Tips <ul style="list-style-type: none"> ☞ Egg Noodles ☞ Asparagus ☞ Sweet Carrots ☞ Beets and Onion ☞ Wheat Bread ☞ Fruit Cup
10 Meatloaf <ul style="list-style-type: none"> ☞ Parsley Potatoes ☞ Homemade Gravy ☞ Vegetable Blend ☞ Wheat Bread ☞ Peach Cobbler 	11 Beef Tacos <ul style="list-style-type: none"> ☞ Pinto Beans ☞ Rice with Vegetables ☞ Fresh Green Salad ☞ Orange Pudding 	12 Lasagna <ul style="list-style-type: none"> ☞ Italian Blend Veggies ☞ Mixed Greens Salad ☞ Garlic Toast ☞ Fruit Salad ☞ Ice Cream Social with Cookies and Toppings 	13 Fish Fry <ul style="list-style-type: none"> ☞ Potato Wedges ☞ Seasoned Broccoli ☞ Corn Spoonbread ☞ Wheat Bread ☞ Apple Tarts 	14  Baked Ham <ul style="list-style-type: none"> ☞ Scalloped Potatoes ☞ Deviled Eggs ☞ Peas and Pearl Onions ☞ Cake with Berry Sauce
17 Chicken Dijon <ul style="list-style-type: none"> ☞ Egg Noodles ☞ Asparagus ☞ Glazed Carrots ☞ Wheat Bread ☞ Apple Waldorf Salad 	18 French Dip on a Hard Roll <ul style="list-style-type: none"> ☞ Twice Baked Potatoes, with Veggies, Cheese, Sour Cream and Bacon ☞ Broccoli Spears ☞ Pickle Spear ☞ Chocolate Cookies 	19 Hungarian Goulash <ul style="list-style-type: none"> ☞ Mashed Potatoes ☞ Southwest Veg Mix ☞ Carrot Salad ☞ Wheat Bread ☞ Peaches ☞ Chocolate Pudding 	20 CLOSED FOR ANNUAL CLEANING Meals on Wheels Menu <ul style="list-style-type: none"> ☞ Kielbasa in Kraut ☞ German Potato Salad ☞ Green Beans ☞ Bread Pudding 	21 CLOSED FOR ANNUAL CLEANING Meals on Wheels Menu <ul style="list-style-type: none"> ☞ Spaghetti and Meatballs ☞ Carrots ☞ Wheat Bread ☞ Fruit Cobbler
24 Chicken Fried Steak <ul style="list-style-type: none"> ☞ Country Gravy ☞ Mashed Potato ☞ Corn with Tomatoes ☞ Baked Squash ☞ Frosted Gingerbread 	25 Pork Chops <ul style="list-style-type: none"> ☞ Red Potatoes ☞ Bourbon Braised Onions ☞ Carrot Raisin Salad ☞ Wheat Bread ☞ Applesauce 	26 Beef and Cheese Enchiladas <ul style="list-style-type: none"> ☞ Mellow Red Sauce ☞ Pinto Beans ☞ Buttered Corn ☞ Tortillas ☞ Strawberry Birthday Cake 	27 Chicken Cordon Bleu <ul style="list-style-type: none"> ☞ Parmesan Cream Sauce ☞ Creamy Mash ☞ Cal Veg Blend ☞ Pineapple ☞ Upside Down Cake 	28 Cheeseburgers <ul style="list-style-type: none"> ☞ Baked Beans ☞ Lettuce Tomato Onion ☞ Pickle ☞ Cole Slaw ☞ Spinach Salad ☞ Strawberry Shortcake

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."

Chino Valley Senior Center

1021 Butterfield Rd
 Chino Valley, AZ 86323
 928-636-9114

Lunch Menu Subject to Change
 Funded in Part by NACOG and DES

59 AND UNDER: \$5.00

60 OR OLDER A SUGGESTED DONATION :\$4.00

Lunch is Served 11:30 – 12:30