

# Garden Café - March 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Chino Valley Senior Center</b> 1021 Butterfield Rd Chino Valley, AZ 86323 928-636-9114  Lunch Menu Subject to Change Funded in Part by NACOG and DES  <b>59 AND UNDER: \$5.00</b> <b>60 OR OLDER A SUGGESTED DONATION :\$4.00</b>  <b>Lunch is Served 11:30 – 12:30</b>				
<b>6</b> <b>ROAST PORK</b> <b>with Applesauce</b> <b>Gravy</b> ♣ Sage Stuffing ♣ Sweet Potatoes ♣ Asparagus ♣ 3- Bean Salad ♣ Wheat Bread ♣ Lemon Bars	<b>7</b> <b>TACO TUESDAY</b> ♣ Charro Beans ♣ Green Beans ♣ MexiCorn ♣ Tossed Green Salad ♣ Chips and Salsa ♣ Jell-O Fruit Salad	<b>1</b> <b>CHICKEN</b> <b>in Dijon Gravy</b> ♣ Egg Noodles ♣ Zucchini and Squash ♣ Carrots ♣ Garlic Toast ♣ Fruit Salad	<b>2</b> <b>FRENCH DIP</b> <b>SANDWICH</b> <b>with Au Jus</b> ♣ Potato Wedges ♣ Broccoli Salad ♣ Tangerine Pudding	<b>3</b> <b>BAKED HAM</b> ♣ Potatoes O'Brian ♣ Cole Slaw ♣ Lima Beans and Tomato ♣ Wheat Bread and Butter ♣ Peach and Raisin Bread Pudding
<b>13</b> <b>MEATLOAF</b> <b>MONDAY</b> ♣ Beef Gravy ♣ Rustic Mash ♣ Broccoli Bake ♣ Peas ♣ Wheat Bread and Butter ♣ Apples and Cookies	<b>14</b> <b>CHICKEN</b> <b>TENDERS</b> <b>in Country Gravy</b> ♣ Sage Stuffing ♣ Winter Blend Veggies ♣ Berry Muffins	<b>8</b> <b>BEEF BROCCOLI</b> ♣ Noodles with Teriyaki ♣ Fried Rice ♣ Peas ♣ Cole Slaw ♣ Mandarin Oranges <b>Ice Cream Social</b>	<b>9</b> <b>ROAST TURKEY</b> ♣ Sage Stuffing ♣ Mashed Potatoes ♣ Cal Blend Veggies ♣ Cranberry Orange Sauce ♣ Fruit Pie	<b>10</b> <b>CHICKEN</b> <b>PARMESAN</b> <b>with Marinara and</b> <b>Pasta</b> ♣ Italian Blend Veggies ♣ Sweet Carrots ♣ Garlic Toast ♣ Orange Pudding
<b>20</b> <b>CHEESEBURGERS</b> <b>with the Works!</b> <b>(Lettuce, Tomato,</b> <b>Cheese, Onion,</b> <b>Pickles)</b> ♣ Tater Tots or Potato Salad ♣ Pumpkin Pie	<b>21</b> <b>SAUSAGE AND</b> <b>CHEESE</b> <b>LASAGNA</b> ♣ Steamed Broccoli ♣ Cole Slaw with Pea Salad ♣ Wheat Roll ♣ Pineapple/Coconut Ambrosia	<b>15</b> <b>OLD FASHION POT</b> <b>ROAST</b> <b>(Potatoes, Carrots,</b> <b>Onions and</b> <b>Cabbage)</b> ♣ Green Beans ♣ Wheat Bread ♣ Peaches-n-Cream	<b>16</b> <b>SPAGHETTI</b> <b>and MEATBALLS</b> ♣ Squash Mix ♣ Spinach Onion Bake ♣ Garlic Bread ♣ Strawberry Whip ♣ Pastries	<b>17</b> <b>CORNERED BEEF</b> <b>and CABBAGE</b> ♣ Boiled Red Potatoes ♣ Carrots ♣ Irish Soda Bread ♣ Fruit Salad ♣ Pistachio Pudding
<b>27</b> <b>SMOTHERED</b> <b>PORK CHOP</b> ♣ Seasoned Red Potato ♣ Peas and Pearl Onions ♣ Grilled Zucchini ♣ Lemon Bars	<b>28</b> <b>BEEF TIPS</b> <b>BURGUNDY</b> ♣ Rice Pilaf ♣ Italian Blend ♣ Mixed Greens Salad ♣ Wheat Bread ♣ Fruity Donut Pudding	<b>22</b> <b>RICH BEEF STEW</b> <b>with Potatoes,</b> <b>Onions, Carrots</b> ♣ Green Beans ♣ Buttered Cabbage ♣ Bread and Butter ♣ Peach and Raisin ♣ Bread Pudding	<b>23</b> <b>FRIED CHICKEN</b> ♣ Twice Baked Potato ♣ Creamed Spinach ♣ Baby Carrots ♣ Cornbread ♣ Apple Pastries	<b>24</b> <b>SWEDISH</b> <b>MEATBALLS</b> ♣ Egg Noodles ♣ Cal Blend Veggies ♣ Pennsylvania Dutch Eggs and Beets ♣ Wheat Bread ♣ Zucchini Bread
<b>29</b> <b>OPEN-FACED</b> <b>TURKEY SANDWICH</b> ♣ Rich Turkey Gravy ♣ Cheesy Green Bean Bake ♣ Carrot Salad ♣ Fruit Jell-O <b>March Birthday Cake</b>	<b>30</b> <b>CHICKEN FRIED</b> <b>STEAK</b> ♣ Whipped Potato ♣ Three Bean Salad ♣ Winter Blend Veg ♣ Spinach Onion Bake ♣ Whole Grain Roll ♣ Strawberry Pudding	<b>31</b> <b>LEMON PEPPER</b> <b>FISH</b> ♣ Risotto ♣ Peas and Carrots ♣ Cole Slaw ♣ Wheat Bread and Butter ♣ Fruit Pastries		

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, *Area Agency on Aging NACOG* prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. *Area Agency on Aging NACOG* must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."