

Garden Café - December 2016

Monday	Tuesday	Wednesday	Thursday	Friday
Chino Valley Senior Center 1021 Butterfield Rd Chino Valley, AZ 86323 LUNCH MENU SUBJECT TO CHANGE FUNDED IN PART BY: NACOG AND DES 59 and under is \$5.00 60 and older is (suggested donation): \$4.00 LUNCH IS SERVED 11:30 – 12:30			1 CHICKEN AND DUMPLINGS 🍴 Peas and Carrots 🍴 Brussels Sprouts Biscuits 🍴 Fruit Salad	2 BUFFET FRIDAY 🍴 Assortment of Entrees, Vegetables and Desserts
5 CHICKEN TENDERS in Country Gravy 🍴 Whipped Potatoes 🍴 Carrots with Honey 🍴 Buttered Corn 🍴 Rolls and Butter 🍴 Melon	6 CHICKEN DIVAN over Dressing 🍴 Peas and Pearl Onion 🍴 Broccoli Lemon 🍴 Roll and Butter 🍴 Apple Berry Crisp	7 BEEF STEW Biscuits Onion, Carrot, Potato, Cabbage, Rich Gravy 🍴 Orange Pudding	8 HOT TURKEY SANDWICH 🍴 Mashed Potato and Turnip 🍴 Carrots with Honey 🍴 Whole Wheat Bread and Butter 🍴 Cranberry Sauce 🍴 Pumpkin Bars	9 BUFFET FRIDAY 🍴 Assortment of Entrees, Vegetables and Desserts
12 BEEF TIPS 🍴 Rice and Mushrooms 🍴 Peas and Carrots 🍴 Brussels Sprouts 🍴 Whole Wheat Bread and Butter 🍴 Apple Waldorf Salad	13 SALISBURY STEAK 🍴 Mashed Potatoes 🍴 Cal Blend Veggies 🍴 Whole Wheat Bread 🍴 Peaches-n-Cream	14 MEAT AND 3 CHEESE LASAGNA 🍴 Mixed Greens Salad 🍴 Southwest Vegetables 🍴 Garlic Toast Ice Cream Social	15 BEEF POT ROAST with Potatoes, Carrots, Cabbage, Onions 🍴 Brussels Sprouts 🍴 Rolls and Butter 🍴 Mandarin Orange Pudding	16 BUFFET FRIDAY 🍴 Assortment of Entrees, Vegetables and Desserts
19 HOMEMADE MEATLOAF 🍴 Roasted Potato 🍴 Spinach Bake 🍴 Italian Blend Veg 🍴 Whole Wheat Bread and Butter 🍴 Applesauce Cake	20 CHICKEN BREAST 🍴 Dijon Gravy 🍴 Egg Noodles 🍴 Carrots with Butter 🍴 Green Beans 🍴 Pickled Beet Salad 🍴 Cookie with Applesauce	21 CHEESEBURGERS with Tomato, Lettuce, Onion 🍴 Seasoned Fries 🍴 Broccoli and Cauliflower 🍴 Au Gratin 🍴 Kosher Pickles 🍴 Orange Muffins	22  BEEF BOURGUIGNON CHEESE and MUSHROOM-STUFFED CHICKEN 🍴 Mixed Salad 🍴 Wild Rice 🍴 Asparagus with Bacon 🍴 Fresh Bread and Butter 🍴 German Stollen	23 Senior Center CLOSED for the Christmas Holiday 
26 Senior Center CLOSED for the Christmas Holiday 	27 GREEN CHILE PORK WITH TORTILLA TACOS 🍴 Pinto Beans 🍴 Shredded Lettuce and Tomato 🍴 Mexicorn 🍴 Fruit	28 LIVER AND GRILLED ONIONS 🍴 Scalloped Potatoes 🍴 Cal Blend Veggies 🍴 Whole Wheat Roll and Butter 🍴 Peaches December Birthday Cake	29 CHICKEN POT PIE (Peas, Carrots, Onion, Celery, in Rich Chicken Gravy) 🍴 Brussels Sprouts 🍴 Whole Wheat Bread 🍴 Orange Pudding	30 New Year's Eve Potluck Bring your favorite holiday dish to share with one and all! The Senior Center staff will provide the main course and salad bar.

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975. Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities."