

Garden Café - November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
Chino Valley Senior Center 1021 Butterfield Rd Chino Valley, AZ 86323 (928) 636-9114	1 TWO CHOICE TUESDAY COUNTRY HERB CHICKEN or PORK ROAST 🍴 Sage Stuffing 🍴 Sweet Potatoes 🍴 Green Beans 🍴 Whole Wheat Roll and Butter 🍴 Apple Cranberry Crisp	2 COUNTRY FRIED STEAK 🍴 Whipped Potato Country Gravy 🍴 Broccoli 🍴 Fresh Rolls and Butter 🍴 Monkey Bread 🍴 Applesauce	3 FRENCH DIP SANDWICH 🍴 Potato Wedges 🍴 Cole Slaw 🍴 Pennsylvania Dutch Eggs and Beets 🍴 Fruit Salad	4 BUFFET FRIDAY 🍴 Assortment of Entrees, Vegetables and Desserts
	7 AMERICAN GOULASH with Macaroni 🍴 Succotash 🍴 Spinach Bake 🍴 Biscuits 🍴 Fresh Orange	8 TWO CHOICE TUESDAY CHICKEN ALFREDO or SPAGHETTI WITH MEATBALLS on Pasta 🍴 Italian Blend Veggies 🍴 Garlic Toast 🍴 Cookies	9 GRILLED REUBEN (Corned Beef, Swiss, Kraut, 1000 Island, on Rye) 🍴 Seasoned Fries 🍴 Cole Slaw Ice Cream Social	10 Veterans Day Luncheon BEEF TIPS with Noodles 🍴 Buttered Cabbage 🍴 Veg Blend 🍴 Fruit Salad 🍴 Red White and Blue Parfait
14 CHICKEN CORDON BLEU with Parmesan Cream Sauce 🍴 Wild Rice 🍴 Squash and Tomato Grill 🍴 Whole Wheat Roll 🍴 Citrus Salad	15 TWO CHOICE TUESDAY CHEESEBURGERS or 1/4 LB. HOT DOGS with the Works! 🍴 Seasoned Fries 🍴 Cauliflower Au Gratin 🍴 Pea Salad 🍴 Whole Grain Bread 🍴 Fruit Jell-O	16 CHICKEN PARMESAN 🍴 Alfredo Sauce 🍴 Pasta 🍴 Green Beans 🍴 Seasoned Carrots 🍴 Garlic Bread 🍴 Fruit Salad 🍴 Pudding	17 ROAST PORK with Applesauce Gravy 🍴 Sweet Potatoes 🍴 Broccoli 🍴 Whole Wheat Roll 🍴 Orange Muffins	18 BUFFET FRIDAY 🍴 Assortment of Entrees, Vegetables and Desserts
21 OPEN FACE HOT BEEF SANDWICH 🍴 Mashed Potato 🍴 Beef Gravy 🍴 Honey Carrots 🍴 Cinnamon Apple Crumble	22 TWO CHOICE TUESDAY BEEF FAJITAS or GREEN CHILI CHEESE ENCHILADAS 🍴 Lettuce and Tomato 🍴 Texas Beans 🍴 Spanish Rice 🍴 Mixed Fruit Ambrosia	23 Thanksgiving Luncheon ROAST TURKEY 🍴 Old Fashion Stuffing 🍴 Mashed Potatoes 🍴 Green Bean Casserole 🍴 Baked Yams 🍴 Cranberry Sauce 🍴 Wheat Roll and Butter 🍴 Many Pies	24 25 Senior Center CLOSED 	
28 SWEDISH MEATBALLS 🍴 Egg Noodles 🍴 Carrots 🍴 Peas 🍴 Pineapple Upside Down Cake	29 TWO CHOICE TUESDAY OVEN FRIED CHICKEN or MAC and CHEESE with HAM 🍴 Sweet Potato and Apple 🍴 Steamed Spinach 🍴 Corn Bread 🍴 Peaches and Cream	30 SALISBURY STEAK 🍴 Mashed Potato 🍴 Italian Blend Veggies 🍴 Mixed Greens salad 🍴 Garlic Toast 🍴 Fresh Orange November Birthdays!	LUNCH MENU SUBJECT TO CHANGE Funded In Part By: NACOG and DES 59 Yrs and Under: \$5.00 60 Yrs or Older: (SUGGESTED DONATION) \$4.00 Lunch Is Served 11:30 – 12:30	

Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975. Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.